DAVIS DENTAL TIMES

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Dr. Garland K. Davis
Family Dentistry

FROM THE DESK OF DR. GARLAND DAVIS

Don't Like the Way Your Teeth Look?

I became a dentist because I love helping people feel better and look better through quality dental care. Many patients come to me because they don't like the way their teeth look. Often, it's because their teeth are misaligned, which simply means they're crooked and aren't in their right place in the mouth. As a result, these patients try and hide their teeth when talking or smiling and may even stop themselves from laughing.

Additionally, patients don't always realize misaligned teeth can also affect their health, such as increasing their risk of gum disease, bacterial infection and jaw and head pain. Very often, additional dental work is needed to address new dental problems directly caused by the uneven teeth.

I hate to see folks suffering emotionally or physically due to crooked teeth. That's why Invisalign is so important. Through the use of clear alignment trays which cover the teeth, Invisalign gradually shifts the teeth into their correct positions. And since they're practically invisible, you don't have to feel self-conscious about wearing them as you might with metal braces.

If you have crooked or misaligned teeth, come see me for a free consultation about how Invisalign can help you. It's easier than you think to create smile you've always wanted.

Sincerely,

Garland Davis

Dr. Garland Davis, DDS

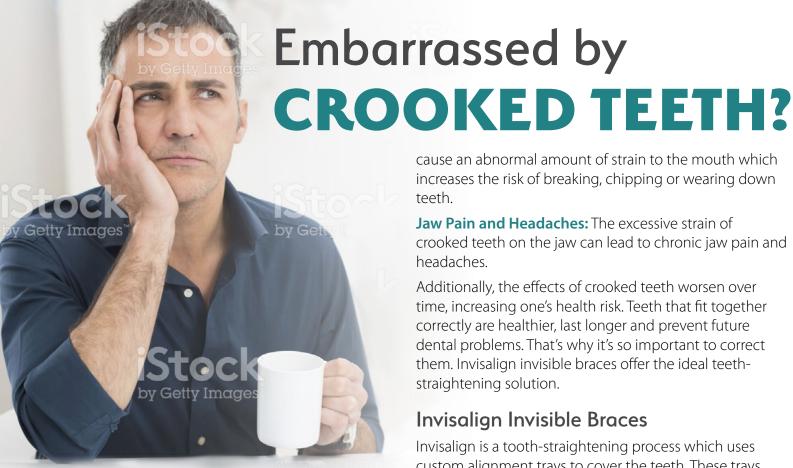
INSIDE THIS EDITION

ARTICLE: Embarrassed by Crooked Teeth?

TESTIMONIAL: "So Caring and Kind."

SPECIAL OFFER: \$600 off Invisalign Invisible Braces (See page 4)





Invisalign Can Transform Your Smile

Do crooked teeth cause you to hide your smile? If so, you're not alone. Some 75% of American adults suffer from misaligned teeth which are, unfortunately, usually hereditary like eye or hair color. This can cause an unsightly smile, undermining one's confidence and self-esteem. To make matters worse, crooked teeth do more than hurt your appearance—they can endanger your health.

Health Risks of Crooked Teeth

Misaligned teeth can pose serious health issues including:

Gum Disease: Crooked teeth are more difficult to properly clean, resulting in an increased risk of gum disease. Left untreated, gum disease can lead to diabetes, heart disease and premature births.

Broken, Chipped and Worn Teeth: Misaligned teeth

cause an abnormal amount of strain to the mouth which increases the risk of breaking, chipping or wearing down teeth.

Jaw Pain and Headaches: The excessive strain of crooked teeth on the jaw can lead to chronic jaw pain and headaches.

Additionally, the effects of crooked teeth worsen over time, increasing one's health risk. Teeth that fit together correctly are healthier, last longer and prevent future dental problems. That's why it's so important to correct them. Invisalign invisible braces offer the ideal teethstraightening solution.

Invisalign Invisible Braces

Invisalign is a tooth-straightening process which uses custom alignment trays to cover the teeth. These trays, made of clear plastic, gradually shift the teeth into proper alignment. Although metal braces also straighten teeth, Invisalign offers several distinct benefits:

- Invisalign Looks Better: Metal braces are highly noticeable on the teeth whereas Invisalign is made of clear plastic and is virtually invisible.
- t's More Comfortable: Invisalign's plastic aligners have a smooth surface for extra comfort. The wires from metal braces can irritate the mouth.
- You Can Eat What You Want: With Invisalign, there are no dietary restrictions like there are with metal braces.

Free Invisalign Consultation

Find out how Invisalign can give you the perfectly straight teeth you've always wanted. Schedule your free Invisalign consultation today at XXX-XXX-XXXX.

What Our **Patients** are Saying



"Dr. Davis Helped Me Overcome My Fear of Dentists"

"First of all, I hate dentists! Dr. Garland K. Davis has helped me to overcome my fear of dentists with his incredible 'chairside manner.' He is an incredibly talented dentist! He's not just technical; he is also very artistic in the way he performs the work. I am glad that I found him. I am sure that he has saved me from early false teeth. Thanks Dr. Davis.—S.W.

"This Group is So Caring and Kind."

"I love this practice! I have been going to Dr. Davis for the past 13 years. This entire group is so caring and kind. Plus, the equipment is state-of-the-art. They keep you entertained with movies in the dental chair so it actually makes your visits more enjoyable. Dr. Davis is very gentle and discomfort is never a problem." -M.J.

Steps to a Gorgeous SMILE

How do you get started with Invisalign? What does the process involve? Here the basic steps to getting the perfectly straight teeth you've been dreaming of with Invisalign invisible braces:

Schedule a Free Consultation

Your very first step is to come in and see Dr. Davis about your teeth and your interest in Invisalign. Dr. Davis is a certified Invisalign Provider with extensive experience in treating misaligned teeth. He truly understands the negative effects of crooked teeth on one's self-confidence and overall wellbeing.

During your consultation, Dr. Davis will discuss with you, in detail, your concerns about your teeth and how you would like them to look. He will listen closely and speak honestly about how Invisalign can help you. The consultation also gives you the chance to ask any and all questions you may have. Dr. Davis' friendly office staff will also be on hand to provide information on costs, insurance and financing options.

2. Receive Your Custom Treatment Plan

After you have decided to go ahead with Invisalign, Dr. Davis will take x-rays, pictures and impressions of your teeth which will be used to create a 3D image of them. Using these images, Dr. Davis will create a customized treatment plan for you. Using special imaging technology, Dr. Davis will also show you a virtual representation of how your teeth will shift

in each stage of treatment and what the final result will be. During this step, Dr. Davis will be able to let you know how long your particular Invisalign treatment will be.

3. Receive Your Clear Invisalign Aligners

Based on your treatment plan, a series of customized clear aligners will be created just for you. The aligners, which are made of smooth, comfortable plastic, won't irritate your mouth like metal braces can. You just wear the aligners during the day and remove them to eat and brush or floss your teeth. As you continue to wear your aligners, you will notice your teeth gradually shifting into their proper place. And since the aligners are invisible, most people won't even notice you're wearing them.

4. Change Aligners Every Two Weeks

You will wear a new set of aligners approximately every two weeks. Each set moves you along to the next stage of your treatment. During this period, Dr. Davis will ask you to come in every six weeks for a checkup until treatment is complete.

5. Show Off Your New Smile!

It's time to celebrate and show the world your confident, dazzling new smile.

About Dr. Davis

A native of Baltimore, Dr. Davis has been serving the Baltimore–Washington Area for the past 35 years. He earned his dental degree in 1982 from the University of Maryland School of Dentistry and went on to complete his postgraduate studies at the University of Maryland.

Passionate about providing the highest standard of care imaginable, Dr. Davis immerses himself in continuing education including classes on Invisalign invisible braces, dental implants, cosmetic dentistry, gum disease, emergency care and much more. Known for his warm, friendly nature and ability to put anyone at ease, Dr. Davis' goal is to create the most relaxed and comfortable dental experience possible, especially for those who are afraid of the dentist.



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